

## Alternative medicine therapies recognised by Groupe Mutuel as part of "Optimum" and "Premium" supplemental insurance products

The following therapies are covered as long as they are provided by a licensed doctor or a therapist recognised by Groupe Mutuel. Only treatments for therapeutic purposes are covered.

- A Acupressure
  Acupuncture
  Alexander Technique
  Anthroposophic medicine
  Aromatherapy
  Auriculotherapy
  Autogenic training
  Ayurvedic remedies
- B Baunscheidt method
  Biodynamics / Biodynamic psychology
  Bioresonance
  Blood oxidation therapy
  Breathing
- C Cataplasms / Wraps
  Chromotherapy / Color therapy
  Classical massage
  Colonic irrigation / Colon hydrotherapy
  Cranio-sacral therapy
  Curative Eurythmy
- D Dance and movement therapy
   Detoxification method
   Drama and Speech Therapy
   Doula
- E Electrotherapy
  Energy rebalancing
  Etiopathy
  Eutony
- F Fasciatherapy
  Foot reflex zone massage
- H Homeopathy
- Intermediate therapy Iridology

- K Kinesiology Kneipp therapy / Hydrotherapy
- L Leeching Lymphatic drainage
- Magnetism / Biomagnetism
   Magnetic therapy
   Moxa / Moxibustion
   Music therapy
- N Naturopathy Nutritional advice
- Ortho-Bionomy
  Osteopathy
  Ozone Therapy
- P Phytotherapy
  Plastic and visual mediation therapy
  Polarity
  Postural integration
- R Rebirthing
  Reflexology
  Reflexotherapy
  Reiki
  Rolfing / Structural integration
- S Shiatsu
  Sophrology
  Sympathy therapy
- T Therapeutic painting
  Therapeutic plastic modeling
  Tomatis/Audio-psycho-phonology
  Touch for Health
  Traditional Chinese Medicine